



MCDONALD COUNTY ATHLETICS

JUNIOR HIGH EQUIPMENT NEEDED LIST

JH FOOTBALL

- T-SHIRT & SHORTS
- MOUTHPIECE [OPTIONAL; SCHOOL ALSO PROVIDES]
- FOOTBALL CLEATS
- HELMET, JERSEY, SHOULDER PADS, PANTS WILL BE PROVIDED
- BLACK SOCKS [OPTIONAL]
- BLACK UNDERSHIRT [OPTIONAL]
- WATER BOTTLE [LABELED]

JH VOLLEYBALL

- T-SHIRT & SHORTS FOR PRACTICE [SPANDEX OR ATHLETIC SHORTS]
- BLACK SPANDEX FOR GAMES
- JERSEY IS PROVIDED
- WHITE VB KNEEPADS
- WHITE, BLACK, OR RED SHOES [VB SHOES PREFERRED]
- WATER BOTTLE [LABELED]

JH CROSS COUNTRY

- T-SHIRT & SHORTS FOR PRACTICE
- BLACK RUNNING SHORTS FOR COMPETITION
- JERSEY IS PROVIDED
- RUNNING SHOES
- WATER BOTTLE [LABELED]

JH BASKETBALL

- T-SHIRT & SHORTS FOR PRACTICE
- BASKETBALL SHOES [SCHOOL COLORS]
- GAME JERSEY AND SHORTS PROVIDED
- UNDERSHIRT FOR GAMES [SAME COLOR AS JERSEY]
- WATER BOTTLE [LABELED]

JH WRESTLING

- T-SHIRT & SHORTS FOR PRACTICE
- WRESTLING SHOES
- WATER BOTTLE [LABELED]
- SINGLET PROVIDED
- HEADGEAR PROVIDED



JH BASEBALL

- T-SHIRT, BALL CAP, PANTS FOR PRACTICE [NO JEANS; BASEBALL PANTS PREFERRED]
- GREY BASEBALL PANTS FOR GAMES
- BLACK BASEBALL BELT
- BLACK BASEBALL SOCKS
- BLACK LONG SLEEVE UNDERSHIRT
- JERSEY AND GAME HAT IS PROVIDED
- BALL GLOVE
- NON-METAL CLEATS [SCHOOL COLORS ONLY]
- BATTING GLOVES [OPTIONAL]
- WATER BOTTLE [LABELED]
- BATTING HELMET [OPTIONAL; SCHOOL COLORS ONLY; SCHOOL PROVIDES]
- BAT [OPTIONAL; SCHOOL WILL PROVIDE TEAM BAT]
 - IF PERSONAL BAT IS USED, IT MUST MEET THE BBCOR REGULATIONS AND HIGH SCHOOL REGULATIONS [3 OZ DROP; 31 INCH 28 OZ FOR EXAMPLE]

JH SOFTBALL

- T-SHIRT & PANTS FOR PRACTICE [NO JEANS; SOFTBALL PANTS PREFERRED]
- BLACK SOFTBALL PANTS FOR GAMES
- RED BELT
- RED SOFTBALL SOCKS
- BLACK LONG SLEEVE UNDERSHIRT
- JERSEY IS PROVIDED
- BALL GLOVE
- NON-METAL CLEATS [SCHOOL COLORS ONLY]
- BATTING GLOVES [OPTIONAL]
- BATTING HELMET [OPTIONAL; SCHOOL COLORS ONLY; SCHOOL PROVIDES]
- BAT [OPTIONAL; SCHOOL WILL PROVIDE TEAM BAT]
 - IF PERSONAL BAT IS USED, IT MUST MEET THE HIGH SCHOOL BAT REGULATIONS [DROP 10]

JH TRACK & FIELD

- T-SHIRT & SHORTS FOR PRACTICE [SCHOOL COLORS PREFERRED]
- RUNNING SHOES AND/OR CLEATS
- WATER BOTTLE [LABELED]
- UNIFORM TOP IS PROVIDED
- BLACK RUNNING SHORTS FOR MEETS



JH CHEER

- LIST WILL BE PROVIDED WITH TRYOUT INFO